MUSCLE POWER®

COMPREHENSIVE GUIDE TO CLEANING RUBBER FLOORING

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Maintaining rubber sports flooring is essential for a clean, safe, and durable workout environment. Regular cleaning helps prevent the buildup of dirt, sweat, and bacteria, ensuring freshness and safety for gym users.

Rubber flooring, particularly textured surfaces like crumb flooring, tends to trap dirt more than smoother tiles, requiring a diligent cleaning routine. Seamless rubber floors, on the other hand, have fewer joints, making them easier to clean with fewer dirt traps. Tighter tile seams also simplify maintenance.

Pro Tip: Using dirt traps at entrances and encouraging the use of indoor shoes can reduce the amount of dirt brought into the gym.

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01. DAILY CLEANING

SWEEP OR VACUUM

Always begin by sweeping or vacuuming to remove dust, dirt, and loose debris.

MATERIALS

Soft-bristle broom or vacuum with the correct attachment.

GOAL

Ensure the floor is clear before mopping.

SPOT CLEAN (OPTIONAL)

Apply *BioFloorGuard Probiotic Rubber Renew* cleaner to any visible spots and scrub with a soft-bristle brush.

MATERIALS

BioFloorGuard cleaner, soft brush.

GOAL

Target any areas with tough stains or buildup before mopping.



02. DEEP CLEANING

DAMP MOP

Mop the floor with *BioFloorGuard Probiotic Rubber Renew* cleaner, ensuring the mop is damp but not soaked. Instead of a circular motion during mopping, consider a motion that describes an infinity sign (“8” horizontally). This technique helps guide dirt in a consistent direction as you clean. If your flooring has specific cleaning requirements, prioritize those over this technique.

MATERIALS

Microfiber mop, BioFloorGuard cleaner, two buckets (one for the cleaning solution, one for rinsing).

GOAL

Effectively remove dirt and grime while protecting the rubber surface.



RINSE

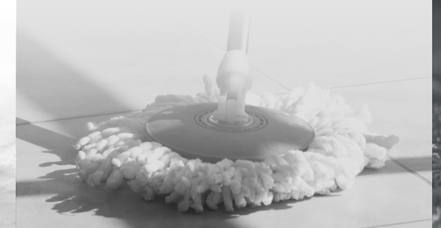
After mopping, rinse the floor with clean water to prevent any cleaner residue from attracting new dirt.

MATERIALS

Clean mop head, fresh water.

GOAL

Ensure no cleaning solution is left behind.



SCRUBBING MACHINES

For large spaces, use a scrubbing machine with soft brushes specifically designed for rubber flooring. Always ensure it is using BioFloorGuard Probiotic Rubber Renew cleaner.

MATERIALS

Scrubbing machine, BioFloorGuard cleaner.

GOAL

Efficient cleaning for large areas without damaging the floor surface.



DRY

Allow the floor to air dry or use a dry mop to speed up the process. Avoid pooling water.

GOAL

Prevent water damage and ensure the floor is slip-free.



03. RECOMMENDED CLEANING PRODUCTS



HOW IT WORKS:

A specially formulated cleaner for rubber floors, designed to break down sweat and organic matter even after application. The probiotic-based formula ensures deep, long-lasting cleanliness.

KEY BENEFITS:

- Continues to clean even after drying.
- Eliminates biofilms and odors.
- Leaves a fresh, long-lasting scent.
- Environmentally friendly and biodegradable.

HOW TO USE:

Mix 80-100ml of BioFloorGuard cleaner with 10L of warm water.
Mop the floor. If foam forms, rinse lightly.

PACKAGING:

Available in 5L canisters for long-term use.

All right reserved



04. DO'S AND DONT'S FOR RUBBER FLOORING

DO'S

- Regularly sweep or vacuum.
- Always use BioFloorGuard Probiotic Rubber Renew Cleaner.
- Immediately clean spills or stains.
- Rinse floors after mopping to prevent cleaner residue.
- Use a soft-bristle brush or microfiber mop.
  Ensure the feet/surfaces of equipment and machinery have proper rubber protective pads.

DON'TS

- Don't use harsh chemicals like bleach or ammonia.
- Don't soak the floor; rubber doesn't need excessive water.
- Don't leave stains untreated for long periods.
- Avoid using abrasive scrubbing pads.
- Don't mix cleaning products.
- Don't drag equipment or machinery across the floor surface.

05. MAINTENANCE SCHEDULE

DAILY:
Sweep or vacuum, spot clean as needed.

WEEKLY:
Damp mop with BioFloorGuard cleaner.
Inspect for wear and tear.

MONTHLY:
Deep clean with a scrubbing machine.

QUARTERLY:
Professional cleaning and maintenance checks.

ANNUALLY:
Comprehensive flooring evaluation and maintenance training for staff.

06. IMPLEMENTATION AND MANAGEMENT

A consistent cleaning schedule ensures optimal performance and hygiene for your rubber flooring. Establish a visual cleaning calendar, assign staff roles, and track tasks to ensure cleanliness is maintained.

07. CONTACT INFORMATION

For more information or to place an order for
***BioFloorGuard Probiotic Rubber Renew Cleaner**, contact:*

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